TIMELINE
LORD BUDDHA

ASTHAMAHATHAN [8 GREAT HOLY PLACES ASSOCIATED WITH LORD BUDDHA]

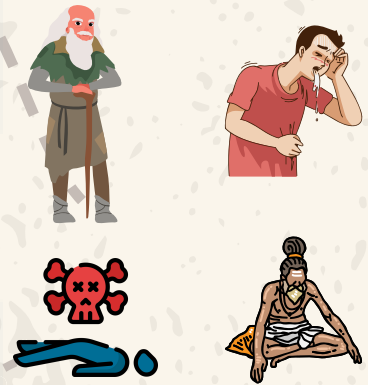|			
LUMBINI	BODH GAYA	SARNATH	KUSHINAGAR
RAJGIR	SRAVASTI	VAISHALI	SANKASSA

563 B.C.- BIRTH

Siddhartha Gautama, who would become the Buddha, was born around 563 BCE in Lumbini (present–day Nepal). He was born into a royal family as the prince of the Shakya clan.

THE 4 SIGHTS

At the age of 29, Siddhartha encountered the Four Sights: an old man, a sick man, a dead body, and an ascetic. These experiences deeply affected him and led him to contemplate the nature of human suffering.

GREAT RENUNCIATION (MAHABHINISHKRAMANA)

Siddhartha decided to renounce his royal life and leave his family to seek the truth about life and suffering.

ENLIGHTENMENT (BODHI & NIRVANA)

At the age of 35, Siddhartha attained enlightenment under the Bodhi tree in Bodh Gaya. He realized the Four Noble Truths and the Noble Eightfold Path, achieving Nirvana, which is the state of liberation from suffering and the cycle of rebirth, becoming the Buddha, the "Awakened One."

KAIVALYA

In Jainism, Kaivalya means complete knowledge and liberation from the cycle of birth and death, similar to Nirvana, but it emphasizes detachment and omniscience.

NIRVANA

It represents the ultimate goal of the Buddhist path: complete liberation from suffering and the cycle of birth, death, and rebirth (samsara).

FIRST SERMON (DHAMMACAKKAPPAVATTANA SUTTA)

Buddha delivered his first sermon at Deer Park in Sarnath, where he taught the Four Noble Truths and the Noble Eightfold Path.

DEATH- 483 B.C.

Buddha passed away at the age of 80 in Kushinagar (present–day India). His death is known as Mahaparinirvana, signifying his final release from the cycle of birth, death, and rebirth.

ASHTANGIK MARG

RIGHT UNDERSTANDING (SAMMA DITTHI)	RIGHT LIVELIHOOD (SAMMA AJIVA)
RIGHT THOUGHT (SAMMA SANKAPPA)	RIGHT EFFORT (SAMMA VAYAMA)
RIGHT SPEECH (SAMMA VACA)	RIGHT MINDFULNESS (SAMMA SATI)
RIGHT ACTION (SAMMA KAMMANTA)	RIGHT CONCENTRATION (SAMMA SAMADHI)