SITOK IAS

GET MY 1:1 UPSC COACH

Worst time to discover a missed topic?

During Prelims.

Unrevised topics. Untested knowledge. Unnoticed backlogs.



Less Noise. More Retention.

You can study every day— and still miss the Prelims cutoff.

The problem is rarely effort. It is what nobody notices, questions or corrects.

01

The timetable looks complete.

But it does not know your pace, job, weak areas or missed week.

02

One missed target quietly becomes a backlog.

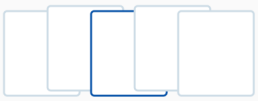
Without recovery, unfinished topics keep moving into the next week.



03

More resources begin to feel like progress.

Another PDF. Another strategy. The original weak topic remains untested.



04

“Improve structure” is not a correction.

Vague or delayed feedback cannot change the next answer you write.

05

The test gives a score. Not a diagnosis.

Was it recall, elimination, revision or risk-taking? The number does not say.



06

Your week changes. The advice does not.

Real 1:1 support should respond to what actually happened.



THE REAL RISK

Not one bad week. Repeating it without correction.

The entire syllabus. Broken into clear daily targets.

Every subject is broken into micro-topics, connected to practice and reviewed in your 1:1 cycle.

ONE EXAMPLE · GS II · PARLIAMENT

One chapter. Seven deliberate days.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Composition Sessions + devices 1:1 CALL	**Presiding officers** Powers + removal	**Committees** Types + functions	**Privileges** Anti-defection 1:1 CALL	**Bills + lawmaking** Week synthesis PROGRESS REPORT

EVERY WEEKDAY
10 MCQs + 1 Mains question

SATURDAY + SUNDAY
Revision · review · backlog · doubts

EVERY ALTERNATE WEEK
Essay · Ethics case study

THE MICRO-LEVEL MAP

PRELIMS

Every micro-topic ends in recall, elimination or a PYQ pattern.

POLITY	Article → institution → procedure → judgment
HISTORY	Chronology → theme → personality → PYQ trap
GEOGRAPHY	Concept → map → location → current event
ECONOMY	Concept → indicator → policy → application
ENVIRONMENT	Ecology → species → convention → location
SCIENCE & TECH	Technology → use → risk → current linkage
CSAT	Skill audit → weak type → timed drill → re-test

MAINS

Each topic moves from understanding to usable answer material.

GS I	Culture · history · post-independence World history · society · geography
GS II	Constitution · polity · governance Social justice · international relations
GS III	Economy · agriculture · science & tech Environment · security · disaster management
GS IV	Terms · thinkers · examples · dilemmas Alternate-week Ethics case-study practice
ESSAY	Theme → dimensions → examples → outline Alternate-week essay-writing practice

FROM DAILY PRACTICE TO FULL-LENGTH PAPERS

EVERY DAY	AFTER EACH SUBJECT	AFTER EACH COMPLETE GS
Daily Practice	**Subject Tests**	**Full-Length Tests**
10 Prelims MCQs 1 Mains question	Subject-wise Prelims test 10-question Mains sectional test	20 questions each GS I · GS II · GS III · GS IV

EVERY ALTERNATE WEEK — **Essay writing · Ethics case-study practice**

Nothing is "covered" because it appeared on a timetable.
It is tracked until studied, practised, revised and reviewed.

Daily Mains frameworks support self-review; selected answers receive detailed evaluation.

THE NEXT STEP

Start moving every day.

Daily practice. Two weekly 1:1 conversations.
A preparation plan that changes with you.

FIRST TWO WEEKS

FREE

Experience the system before choosing a paid plan.

THEN CHOOSE

Try for 1 Month

₹5,000

More time before a longer commitment.

Complete 6 Months

₹25,000

Work through the complete preparation cycle.

Begin with one month, then continue for ₹20,000.
Your six-month total remains ₹25,000.

Start My Free 2 Weeks

sitok.in/get-my-coach/

Only 20 active places. Subject to availability.

Questions? Contact us.



WhatsApp



Telegram



Email
